

*Sunday July 17<sup>th</sup> 2011 – Tockwith Village Hall*

## **YORK C.T.C.**



### **Welcome to the Dales (Hilly)**

**Start 8am 210km in 12 hours £4**

### **Kettlesing Canter**

**Start 10am 100km £4**

*(£6 on the line, under 16's £3/ £5 on the line)*

### **50km Roecliffe Ramble**

**Start 11am £3**

*(£4 on the line, under 16's £2 /£3 on the line )*



## **Want a cycle ride to challenge you?**

**New to cycling / family?** Then why not try the **Roecliffe Ramble**. **50km** mainly of lanes taking in Boroughbridge and Knaresborough.

**Club rider?** Then why not try the **Kettlesing Canter** covering 100km of mainly rolling hills and scenic views.

**Hardened club rider?** Then why don't you try the **Welcome to the Dales** this covers 210km with over 3.5km of climbing.

**Note:** the 210km route goes over roads, which can have winter conditions all year round. **NO! On the line entries for 210km**

**Under 16's must be accompanied on the ride by a responsible adult**

Web-site: <http://www.amkirby.co.uk/York/PGrides.htm>

E-mail: [PG-Challenge-Ride-2011@amkirby.co.uk](mailto:PG-Challenge-Ride-2011@amkirby.co.uk)

Phone: Andrew on 07739 838 577